## Blessed Maria Angela Astorch (1592-1665)



erónima Maria Agnese, born 1 September 1592 in Barcelona, was the last of four children born to Cristobál Astorch and Caterina. She had no time to know her mother who died twelve months later. Entrusted to a nurse, she was orphaned of her father at the age of five or six years. Her sister Isabel followed a group of young people attracted by the spirituality

of the Capuchin Poor Clare Angela Serafina Prat. Even the little Jeronima was quickly caught up in this phenomenon – more so when she was seven years old. After eating bitter almonds she was at death's door and arrangements were being made for her funeral. Mother Serafin intervened. In an ecstasy she restored the little girl to life. Later she would write, "My childhood ended when I was seven. From then on I was already a judicious and adroit woman, and therefore patient, measured, silent and truthful."

Her tutors had her study when she was nine. She learned to read and write as well as the usual work assigned then to women. She displayed a real passion for books, especially books in Latin. He teacher was filled with admiration. Therefore great plans were made for her future. She, however, wanted to follow the example of her sister and asked entry to the monastery. After some concerns with the relatives, and given her advanced maturity for her eleven years of age, she was able to realise her desire. On 16 September 1603 she crossed the threshold of the enclosure, taking with her the six volumes of the Latin breviary that she could read perfectly. In her investiture she received the name Maria Angela. An expert confessor, Martin Garcia, who had lived as a hermit for ten years, accompanied her on her spiritual journey. She sought to imitate the founder, Angela Serafina Prat, and her sister Isabel. The master of novices, sister Vitoria Fábregas was rigid and used Spartan methods in her dealings with the girl. He love for Latin books, well above that of her age, provoked some fear regarding the humility of the novice. So she had to resign herself to not using Latin books anymore. However, Latin flowed from her lips with such a knowledge of the Sacred Scriptures, the Fathers and the Breviary which later convinced theologians and even some bishops that hers was an infused knowledge.



She had to spend five years as an aspirant, the baby of the house, though following the novitiate regimen. On 7 September 1608 she began the novitiate proper under the balanced and detached direction of her sister as novice master. Afflictions and temptations were not lacking. Because of her superior learning, she had to carry out the role of 'little teacher' of her novitiate companions. On 8 September 1609 she made profession into the hands of Sister Caterina de Lara, the successor to the founder who had died the previous year and she continued her spiritual journey for another five years.

Meanwhile, the new Capuchin congregation expanded at a lively rate. Mother Maria Angela, with five other sisters, were sent to found a monastery at Zaragoza, destined to become the hub from which the Capuchin Poor Clares spread throughout Spain. On 19 May 1614 this group of sisters went straight for Zaragoza. Sister Maria Angela had the task of novice master and secretary. However, separation from her sister cost her

dearly. Her sister would die just two years later at only thirty six years of age. The journey was disastrous. The carriage and horse overturned. In the new monastery of Our Lady of the Angels, Maria Angela became the formator of a generation of Capuchin Poor Clares.

In 1624 she became vicar, and abbess three years later. However she always remained 'choir corrector', the one responsible for the correctness of the ceremonies and of the dignity of the liturgy of the hours in the community. At the beginning of her office as abbess she obtained approval from Urban VIII for the constitutions of the Capuchin Poor Clares of Spain. Conscious of the importance of knowledge of its rule for the sanctification of any institute, she insisted that he sisters study the rule continuously. In her monastery the rule was read publicly in the refectory at the beginning of each month so that even the illiterate sisters could learn it. In her spiritual conferences she spoke so well and with such unction that one bishop came to the point of regretting that she was not a priest. She was a mother who did not spare herself, ready for every kind of work in the kitchen, the laundry, the infirmary or the garden.

When asked why she did this she answered, "Because I would even give you my life." She shared the monastery alms with the poor and generously helped the needy with the little that the monastery had. When Zaragoza was invaded by ragged refugees from the rebellion in Catalonia, she distributed among some beggars the clothes that the novices had brought with them when they left home. Her spirituality deepened even further, a spirituality was completely biblical and liturgical. All the mysteries of Christ and of Mary, the angels and the saints found a profound resonance in her heart with visions and heavenly insights.

She used to address the saints with great familiarity. Among them she had twelve favourites whom she called her "heavenly consistory" - teachers and advocates for the virtues and for concrete needs. They were Saint John the evangelist, a model of love; Saint Francis of Assisi in perfect faithfulness to the Rule; Saint Benedict for purity; her holy mother Saint Clare in every form of perfection. The Breviary continued to inspire and encapsulate her spiritual life ever more progressively. In 1642 she wrote, "It happens to me

very, very often that while singing the psalms the Lord communicates with me through interior sensations that which I am signing is such a way that I can say that I am truly singing the internal feelings of my spirit and not the letter of the psalms. It seemed to me that Lord had made himself my teacher and expounder of what I was saying and singing, enabling me to understand some of the infinite truths of the Sacred Scripture."

She lived in Zaragoza thirty years. The community grew in number and quality and already it had insufficient space. Maria Angela's desire to propagate the Order was realised following a



sacrilegious and wicked act that occurred in Barcelona thanks to the troops of Louis XIV who had profaned some churches. A pious canon, Alejo de Boxadós thought of building a Poor Clare Monastery in reparation. It would have the title of "Exaltation of the Blessed Sacrament." He contacted the Capuchin Poor Clares. On 2 June 1645 five sisters under the guidance of

Maria Angela Astorch went to Murcia with the canon. This time too the journey was a disaster. The coach driver fell asleep and then fell under the wheels of the coach. Only the faith of the sisters revived him and so they continued on. A solemn procession inaugurated the new monastery of the Blessed Sacrament in Murcia, in accord with the sentiments of Blessed Maria Angela who saw all of Christology summed up in the Eucharist. She succeeded in having the practice of daily Communion introduced among her sisters.

The monastery became a centre of spirituality. During the raging plague in 1648 the sisters were spared just as they were spared from the periodic floods of the Segura River in 1651, even if the monastery suffered greatly. The sisters had to take refuge in the summer residence of the Jesuits in the mountains for thirteen months while waiting for the monastery to be restored. They returned to the monastery on 22 September 1652, only to have to return a year later to the mountains because of another flood. A defamatory accusation spread about by a rumour monger was a difficult test for Blessed Maria Angela, however her innocence was quickly proven.

On finally returning to the monastery she continued in the office of abbess until 1661. Now in her seventies she would have wanted to step down completely to be "sola con il Solo" (alone with Him alone). She obtained the grace of becoming ineligible for the performance of various works and so could give herself entirely to the contemplative life. In mid November 1665, follow some episodes of epilepsy, she regained her memory and intelligence. However, this was the end. She felt crucified. Sometimes she would sing the *Pange lingua* while waiting for her "bridegroom" who came for her on 2 December 1665 when she was seventy five years old.

The ordinary process opened three years later in the diocese of Cartegna-Murcia. After a long silence the process re-opened in 1688 and has continued to present times. Her incorrupt body, which was profaned during the Spanish Civil War (1936-1939) is now kept in the new monastery in

Murcia. On 23 May 1982 John Paul II declared her blessed. For those who wish to learn of her mystical experience, they may read her marvellous writings. They are quite modern in their style and very agreeable. They have been published in one volume by Lazaro Iriarte. Mi camino interior. Relatos autobiográficos, Cuentas de espíritu, *Opúsculos* espirituales, Cartas, Madrid, 1985. With good reason she may be considered as one of the more important links in the history of devotion to the Child Jesus, to the Sacred Heart, the Eucharist, to the Passion and Christ the Good Shepherd from which springs the totally Capuchin Marian spirituality of the "Divine Shepherdess" or Divina Pastora.



Translation based on Costanzo Cargnoni, Sulle orme dei santi, 2000, p.273-282

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<sup>&</sup>lt;sup>1</sup> "blood bridegroom", cf Exodus 4:24